

Emergency stop

Avoid emergencies by:

- Adjusting your speed to fit the road and traffic conditions
- Maintaining a safe distance
- Planning your driving well ahead

Stop!

- Mirrors are the lowest priority
- React promptly
- Brake - and then - clutch (Non-ABS)
- Keep both hands on the wheel
- ABS ...

Secure the car

- Handbrake
- Neutral
- Check all mirrors
- Deep breath - relax!

Move off

- Prepare the car
- Left blind spot
- Mirrors
- Right blind spot

Control skids by:

- Removing the cause of skids by doing one, or a combination of the following:
 - 'Pump' the footbrake (non ABS)
 - Steer in the direction of the skid
 - Release the accelerator (power skids)

Plan to avoid Emergencies!

